

Appetizers

• We use trans fat free peanut oil. Vegetable oil available upon request •

Warm Crab & Spinach Dip *artichoke hearts, fontina, asiago, cream cheese, flour chips* | 10

Buffalo Chicken Dip *cream cheese, cheddar, celery, warm pita* | 7

Fried Calamari *Mario & Luigi's marinara* | 6

Batter Dipped Zucchini *horseradish dip* | 6

Hummus, Falafel & Baba Ghanoush *warm pita* | 8

Stuffed Potato Skins *bacon, cheddar-jack, sour cream* | 7

Deep Fried Mozzarella *Mario & Luigi's marinara* | 6

Three Chips, Three Dips *flour & tri color chips, guacamole, con queso, salsa* | 7

Quesadilla *green chilies, scallions, cheddar jack, salsa, sour cream, chicken or pulled pork* | 7

Nachos Grande *mexican ground beef, beans, cheddar jack, salsa, guacamole, sour cream, jalapenos, black olives* | 9.5

Fresh Cut Fries *fried in peanut oil* | 4

choice of two dips:

Creamy Garlic, BBQ, Honey-Mustard, Cheddar Cheese Sauce, Bleu Cheese Dip, Cajun Mayo | 5

Fresh Cut Sweet Potato Fries *brown sugar salt* | 4

Buffalo Chicken Wings *celery, bleu cheese* | 8

Homemade Soups

French Onion *croutons, imported romano, gruyere* | 6

The Deli's Original Baked Potato Soup *cheddar, bacon, sour cream* | 4 / 6

Seafood Bisque *creamy stew of fresh fish, shellfish* | 4 / 6

Texas Steak Chili *all beef no beans... award winning Texas chili* | 5 / 7

The Ultimate Jewish Penicillin *three matzo balls, egg noodles, pulled chicken, carrots* | 6

Chicken Noodle or Matzo Ball *pulled chicken, carrots* | 3 / 5

Vegetarian Vegetable Soup *seasonal veggies, tomato based broth* | 3 / 5

Sides

Mixed Greens or Small Caesar Salad | 3

Homemade Yukon Gold Potato Salad | 2.5

Fresh Cole Slaw | 2.5

Yukon Gold Mashed Potatoes | 3

Veggie Studded Couscous | 2.5

Fresh Cut Fries | 2.5

Fresh Cut Sweet Potato Fries | 2.5

Potato Pancakes *two homemade, sour cream, apple chutney* | 3

Sauteed Fresh Mushrooms *port wine butter sauce* | 3

Fresh Salads

Warm Goat Cheese Salad *baby greens, mandarin oranges, sugared walnuts, walnut oil vinaigrette, warm goat cheese toasts* | 9

Crab Cobb Salad *jumbo lump crab meat, avocado, bleu cheese, bacon, hard-boiled egg, iceberg, spinach, walnut oil vinaigrette* | 14

Chicken, Apple & Walnut Salad *blue cheese, onion, mixed greens, wheat-beer vinaigrette* | 10

Grilled Steak Salad *french fries, cheddar, veggies, mixed greens, sweet & sour dressing* | 10

Grilled Chicken Salad *french fries, cheddar, veggies, mixed greens, sweet & sour dressing* | 9

Grilled Chicken Caesar Salad *romaine, garlic croutons, parmesan, caesar dressing* | 9

Seared Tuna Salad *edamame, red bell peppers, green beans, mixed greens, wasabi dressing, seared medium rare sushi grade tuna* | 10

Thai Chicken Salad *snow peas, sprouts, red cabbage, scallions, red pepper, romaine, spicy peanut dressing, toasted peanuts* | 10

Chicken Cobb Salad *grilled chicken, avocado, bleu cheese, bacon, hard-boiled egg, iceberg, spinach, aioli* | 10

Italian Pasta Salad with Chicken *fresh pasta, black olives, roasted red peppers, tomatoes, broccoli, mixed greens, balsamic vinaigrette, romano* | 10

Greek Salad *scallions, roasted red peppers, cucumber, tomato, olives, oregano, feta, mixed greens, greek dressing* | 9 *with roasted lamb meat add 3*

★ We support Buy Fresh Buy Local! ★ All of our produce is locally sourced ★

Homemade Dressings

Balsamic Vinaigrette, Bleu Cheese, Buttermilk Ranch, Creamy Garlic, Honey Mustard, Authentic Italian Vinaigrette, Parmesan Peppercorn, Russian, Sweet & Sour Tomato, Walnut Oil Vinaigrette*

"Lite": Lite Italian, Olive Oil & Wine Vinegar *not homemade*

Lite, Lowfat, Lowcarb

Bunless Burger Plate *choice of brie, bleu or swiss, baby field greens (3.5 net carbs)* | 9

Macadamia Nut Crusted Salmon *macadamia nut and cilantro crust, steamed broccoli, baby field greens (3.5 net carbs)* | 11

Chicken or Steak Fajita Pita *peppers, onions, lettuce, tomato, pita, sour cream*
chicken | 8 *steak* | 9

All Day

Sizzling Fajitas *red & green peppers, onions, cheddar-jack, guacamole, sour cream, lettuce, tomato, salsa, flour tortillas (no salad, veg or potato)* *Chicken* | 11 *Steak* | 13

Hot Roast Beef Sandwich *beef gravy, white bread, corn, mashed potatoes* | 9

Hot Chicken Sandwich *chicken gravy, white bread, corn, mashed potatoes* | 9

Chicken Stir Fry *wok stir-fried fresh vegetables, "secret sauce", jasmine rice* | 9

Chicken Tenderloins *hand breaded, corn, mashed potatoes, chicken gravy* | 9

Fish and Chips *English-style, hand battered, french fries, cole slaw, tartar sauce, lemon, malt vinegar* | 9

Specialty Sandwiches

Triple Decker Deli Reuben *grilled corned beef, swiss, sauerkraut, russian dressing, rye* | 10

Triple Decker Rachael *grilled turkey, pastrami, swiss, cole slaw, russian dressing, pumpernickel* | 10

Turkey Reuben *grilled sliced turkey breast, american, sauerkraut, russian dressing, rye* | 10

Pastrami Reuben *grilled pastrami, swiss, sauerkraut, mustard, pumpernickel* | 10

Monte Cristo *grilled ham, turkey, swiss, egg battered grilled brioche, maple syrup* | 9

The Deli Meshugna *grilled corned beef, cole slaw, russian dressing, two potato pancakes* | 9

Seared Tuna Ciabatta *cheddar, lettuce, tomato, rosemary mayo, grilled ciabatta, veggie couscous* | 9

Jumbo Lump Crabcake Sandwich *lettuce, tomato, kaiser roll, tartar sauce, potato chips* | market price

Filet of Fish Sandwich *hand battered, club roll, tarter sauce, potato chips* | 9

Steak Bleuz Focaccia *caramelized onions, bleu cheese, tomato, parmesan spread, focaccia bread, potato chips, pickle* | 10

Roasted Leg of Lamb *lemon black olive mayo, mixed greens, ciabatta, veggie couscous* | 9

Cuban Sandwich *roasted pork, ham, swiss, pickles, mustard, ciabatta, potato chips, pickle* | 9

Fried Egg BLT *two eggs, bacon, lettuce, tomato, basil aioli, ciabatta, potato chips, pickle* | 8

Portabella Focaccia *sauteed spinach, caramelized onions, feta cheese, caper aioli, focaccia bread, potato chips, pickle* | 9

Italian Market Focaccia *fried egg, capicola, potatoes, provolone, roasted red peppers, aioli pesto, focaccia bread, field greens* | 9

Pittsburgh Prima *grilled steak, fries, fried egg, cole slaw, russian dressing, focaccia bread, potato chips, pickle* | 10

Grilled Jumbo Cheese *american, swiss, provolone, cheddar or brie, triple decker white bread, potato chips* | 7

Grilled Bacon, Apple and Cheddar *triple decker 7-grain bread, potato chips* | 9

Pulled Pork Sandwich *spicy homemade barbeque sauce, kaiser roll, cole slaw* | 8

Philly Cheesesteak *american cheese, grilled onions, amoroso roll, pickle* | 8
green peppers, tomato and lettuce, hot homemade peppers, marinara, mushrooms add .50 each THE WORKS add 2

Chicken Cheesesteak *onions, mushrooms, american, cajun garlic sauce, amoroso roll, pickle* | 8

Buffalo Chicken Cheesesteak *chicken cheesesteak, buffalo hot sauce, onions, mushrooms, cheddar, amoroso roll, celery, bleu cheese* | 9

Turkey Bacon Grinder *provolone, mayo, amoroso roll, lettuce, tomato, onion, balsamic vinaigrette, potato chips, pickle* | 9

French Dip Roast Beef *baguette, hot horseradish mustard, au jus, potato chips, pickle* | 8

Turkey Club *bacon, american, lettuce, tomato, russian dressing, triple decker white or brioche, potato chips, pickle* | 7

Fajita Pita *peppers, onions, lettuce, tomato, pita, sour cream, potato chips* Chicken | 8 Steak | 9

Athenian Gyro *grilled lamb, grilled onions, tomato, garlic grecian sauce, pita, potato chips* | 9

The Deli Restaurant • 113 Heister Street • Downtown State College

Deli Sandwiches

*Deli sandwiches with kosher dill pickle and homemade Yukon Gold Potato Salad
Homemade Breads: Rye, 7-grain, Pumpernickel, Brioche, Focaccia, White, Kaiser, Brioche Roll, Ciabatta,
Spinach Wrap, Whole Wheat Wrap, Sundried Tomato Wrap*

Hebrew National Corned Beef *first cut, hot grilled or cold* | 8

Hebrew National Hot Pastrami *steamed* | 8

House Roast Beef *medium rare USDA choice top round* | 8

Honey Glazed Ham *local farm raised Berkshire ham* | 7

Roast Breast of Turkey *whole breast* | 7

add cheese: american, swiss, provolone, cheddar, velveeta, bleu 1.00

Make any above "SPECIAL" – top with russian dressing & cole slaw – add 1

Burgers, Chicken & Wraps

Burgers with lettuce, tomato with fresh cut or sweet potato fries and a pickle.

Chicken and wraps with kosher dill pickle and chips unless otherwise noted.

The Deli Burger *hand formed half pound 100% angus fresh ground sirloin, kaiser roll* | 8

Cheeses: american, bleu, brie, cheddar, provolone, swiss | 9

Fresh Turkey Burger *hand made multi-grain bun, low-fat sour cream, steamed broccoli or fries* | 8

Veggie Burger *fresh veggies, grains, multi-grain bun, steamed broccoli or fries* | 8

Swiss Burger *melted swiss, sauteed mushrooms, caramelized onions, aioli, kaiser roll* | 9

Chipotle Burger *cheddar cheese, spicy chipotle salsa, whole chipotle pepper, kaiser roll* | 9

Black & Bleu Burger *blackened cajun spices, bleu cheese, spicy mayonnaise, kaiser roll* | 9

Grilled Mushrooms, Onions .50 each Hickory Smoked Bacon 1.50

Cajun Chicken Sandwich *blackened cajun spices, cheddar, lettuce, tomato, red onions, kaiser* | 8

Grilled Chicken Breast Club *cheddar, bacon, lettuce, tomato, russian dressing, white bread* | 9

B-B-Q Chicken Sandwich *cheddar, bacon spicy homemade bbq sauce, kaiser roll, cole slaw* | 8

Little Italy Wrap *pesto chicken, rice, mozzarella, olives, roasted garlic, sun-dried tomato sauce,
sun-dried tomato wrap* | 8

Cobb Wrap *chicken, avocado, tomato, blue cheese, bacon, spinach wrap, veggie couscous* | 8

Rodeo Chicken Wrap *fried chicken tenders, bacon, sweet potato fries, cheddar-jack, lettuce,
tomato, bbq sauce, spinach wrap* | 8

Chicken Caesar Wrap *romaine, parmesan, caesar dressing, sun-dried tomato basil wrap,
veggie couscous* | 9

Entrees & Pasta

served with mixed green or caesar salad

Maryland Jumbo Lump Crab Cakes *two homemade, broiled or fried, cole slaw, fries* | m. p.

Certified Angus Beef® Sirloin Steak *10oz, full cut, vegetable, choice of potato* | 18

Chicken Parmesan *melted mozzarella, tomato sauce, pasta* | 13

Homemade Wild Mushroom Ravioli *port wine mushroom sauce* | 12

Spinach and Mushroom Lasagna *spinach, mushrooms, carrots, green pepper,
ricotta cheese, tomato basil sauce, garlic bread* | 11

Seafood Diavolo *scallops, calamari, fresh fish, mussels, spicy tomato sauce, fettuccine* | 12

Penne Rustica *chicken, italian sausage, sweet & roasted peppers, onions, tomato sauce* | 12

Penne Chicken *sun-dried tomatoes, roasted garlic, olives, spinach, goat cheese, tomato sauce* | 13

Fettuccine Alfredo with Tomatoes *homemade creamy alfredo sauce, fresh tomatoes* | 12
with Chicken | 3 *with Shrimp* | 5

Beverages

House Iced Tea or Raspberry Iced Tea

Flavored Tea of the Day

California Fruit Smoothies *strawberry banana, raspberry, pina colada, mango*

Fresh Brewed Kona Coffee

Iced Coffee

Manhattan Special Coffee Soda

Chai Latte or Iced Chai Latte

Fresh Squeezed Lemonade *regular, strawberry or raspberry*

Other-ades *orangeade, limeade, arnold palmer (1/2 lemonade & 1/2 iced tea)*

Old Fashioned Milk Shake *chocolate or vanilla*

Root Beer Float *hershey's ice cream, mug rootbeer*

New York Egg Cream *"fox's you bet" chocolate syrup*

Bottled Water *san pellegrino sparkling, aqua panna still*

Soft Drinks *pepsi, diet pepsi, mountain dew, sierra mist, mug root beer, gingerale*

Bottled & Canned Sodas *sioux city sasparilla or birch beer, dr. browns cream, diet cream, black cherry or diet black cherry sodas, reed's ginger beer*

Juices *orange, tomato, apple, cranberry, pineapple, apple cider (seasonal)*

Hot Chocolate, Hot White Chocolate *almond, vanilla, raspberry or hazelnut*

Specialty Teas

stash: *english breakfast, irish breakfast, darjeeling, pomegranate raspberry*

stash herbal: *licorice spice, peppermint, ruby mist, blueberry, wild raspberry, chamomile, lemon blossom, acai berry, mango passionfruit*

stash decaf: *vanilla nut, creme caramel, earl grey*

taylor's of harrogate: *earl grey, mango, peach yorkshire*

yamamoto yamma: *chrysanthemum, jasmine, green tea & brown rice*

chanakara: *red berry rooibos, vanilla honeybush, melon & green tea, blue ginger, white lotus*

The Deli Restaurant • 113 Heister Street • Downtown State College

Visit our other establishments in State College!

Hi-Way Pizza

A State College Tradition Since 1963
1688 North Atherton Street

Inferno Brick Oven & Bar

Lunch • Dinner • Late Night
340 East College Avenue

Mario & Luigi's Restaurant

Authentic Italian Cuisine
1272 North Atherton Street

Bar Bleu

Sports Lounge & Liquor Bar
with authentic smoked barbeque bar menu
114 S. Garner Street

The Saloon

Home of the Monkey Boy™
101 Heister Street